

# MENU 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Mabella	Mielie Pap	Oats	Mabella	Mielie Pap
MORNING SNACK	Cookies and Juice / Tea				
LUNCH	Beef and Vegetable Pie  Carrot and Pineapple Salad	Chicken and Cheese Potato Bake	Boerewors, Cheese and Tomato Frittata  Baked Beans  <i>Dessert</i>	Chicken Stew with Rice	Ham, Cheese, Tomato and Lettuce Rolls  <u>Baby/Toddler</u> Butternut and Sweet Potato Mash  <i>Dessert</i>
AFTERNOON SNACK	Sandwich, Fruit and Juice / Tea				

## Dessert

**Wednesday Summer** – Ice Cream/Cold Custard and Jelly / **Wednesday Winter** - Warm Custard and Biscuits

**Friday Summer** – Ice Cream Cone / **Friday Winter** – Baked Goods