

MENU 4



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Mabella	Mielie Pap	Oats	Mabella	Mielie Pap
MORNING SNACK	Cookies and Juice / Tea				
LUNCH	Spaghetti Bolognese Beetroot Salad	Pilchard Cottage Pie	Ham and Cheese Pizza <u>Baby/Toddler</u> Noodles <i>Dessert</i>	Beef Stew with Rice	Chicken Mayonnaise Rolls <u>Baby/Toddler</u> Green Bean and Sweet Potato Mash <i>Dessert</i>
AFTERNOON SNACK	Sandwich, Fruit and Juice / Tea				

Dessert

Wednesday Summer – Ice Cream/Cold Custard and Jelly / **Wednesday Winter** - Warm Custard and Biscuits

Friday Summer – Ice Cream Cone / **Friday Winter** – Baked Goods