

# MENU 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Oats	Mielie Pap	Oats	Mabella	Mielie Pap
MORNING SNACK	Cookies and Juice / Tea				
LUNCH	Spaghetti Bolognese Beetroot Salad	Bacon and Cheese Frittata with Potatoe Wedges	Fish Cakes / Fish Fingers and Mash Dessert	Chicken Stew with Rice	Ham, Cheese, Tomato and Lettuce Rolls <u>Baby/Toddler</u> Carrot and Sweet Potato Mash Dessert
AFTERNOON SNACK	Sandwich, Fruit and Juice / Tea				

## Dessert

**Wednesday Summer** – Ice Cream/Cold Custard and Jelly / **Wednesday Winter** - Warm Custard and Biscuits/Hot Pudding

**Friday Summer** – Ice Cream Cone / **Friday Winter** – Baked Goods/Hot Pudding