



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Mielie Pap	Oats	Mielie Pap	Mabella	Corn Flakes
MORNING SNACK	Cookies and Juice / Tea				
LUNCH	Beef Cottage Pie with Green Salad	Chicken and Vegetable Couscous	Vienna Sausage Savoury Rice Dessert	Beef Stew with Rice	Boiled Eggs and Grilled Cheese <i>Baby/Toddler</i> Butternut and Sweet Potato Mash Dessert
AFTERNOON SNACK	Sandwich, Fruit and Juice / Tea				

## Dessert

**Wednesday Summer** – Ice Cream/Cold Custard and Jelly / **Wednesday Winter** - Warm Custard and Biscuits/Hot Pudding

**Friday Summer** – Ice Cream Cone / **Friday Winter** – Baked Goods/Hot Pudding