

MENU 4



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	Oats	Mielie Pap	Oats	Mabella	Mielie Pap
MORNING SNACK	Cookies and Juice / Tea				
LUNCH	Chicken and Cheese Potato Bake Carrot and Pineapple Salad	Pilchard Cottage Pie	Ham and Cheese Pizza Dessert	Chicken Stew	Krummelpap, Boerewors and Sous <u>Baby/Toddler</u> Green Bean and Sweet Potato Mash Dessert
AFTERNOON SNACK	Sandwich, Fruit and Juice / Tea				

Dessert

Wednesday Summer – Ice Cream/Cold Custard and Jelly / **Wednesday Winter** - Warm Custard and Biscuits/Hot Pudding

Friday Summer – Ice Cream Cone / **Friday Winter** – Baked Goods/Hot Pudding